



# Central Ohio CHAPTER

### President's Letter

Dear Families,

Greetings from the Central OH chapter of HDSA!

The 18th Annual HDSA Celebration of Hope was held on Friday Oct. 12, 2018. It was a tremendous successful!

This year's Celebration of Hope's Honorees were Roger and Wendy Vaughan & Marty Vaughan. Wendy and Marty each faithfully served as Central Ohio Chapter Presidents and have chaired multiple events for many years! Additionally, Roger represented Central Ohio by serving on the HDSA National Board!

Thank you to Melissa Ryant who beautifully orchestrated this event and also to our presenting sponsor TEVA.

We hope that you will join us for the upcoming events listed in this newsletter. The hoop-a-thon is our next fund-raiser on Saturday, April 13, starting at 11am. There will be a special recognition at 1pm for those who have valiantly fought the fight of HD.

Fondly,
Daphne Hess
Chapter President



# OUR VOICE

#### **SPRING 2019**

Our Voice, a newsletter of the Huntington's Disease Society of America, Central Ohio Chapter, is published twice a year to provide information and to relay items of interest to individuals with HD and their families, health care professionals, friends, and supporters.

#### Inside this issue

Connect with us2
HD Education Day2
Hoop-a-thon3
Walk for a Cure4
National Convention5
National Youth Alliance5
Memorials/Honorees6/7
Community Rewards8
AmazonSmile8

#### **CONNECT WITH US!**

Invite others to subscribe to our newsletter or receive emails on upcoming events. Click <a href="here">here</a> to sign up. Be sure to go to the bottom of the page and click "submit" when you're done.

Please note the new address for the Central Ohio Chapter.

rease note the new dualess for the General Sine Ghapte

HDSA P.O. Box 2213 Columbus, Ohio 43216

Central Ohio Chapter





Wexner Medical Center
Martha Morehouse
Tower

2050 Kenny Rd., 7th floor

Columbus, Ohio 43221

614-293-4969

Director: Sandra Kostyk, MD, PhD

Clinic Coordinator Kate Ambrogi, RN 614-688-6685

Social Worker: Erica Wright 614-292-9960

### IMPORTANT EDUCATION DAY

On Saturday, September 7, from 10am to 2pm, The Center of Excellence is having an HD Education Day.

This event will take place at the Martha Morehouse Pavilion Auditorium, 2050 Kenny Road, Columbus Ohio 43221.

Please RSVP if you plan to attend either by phone, 614-688-9438, or email to <a href="mailto:Erica.wright@osumc.edu">Erica.wright@osumc.edu</a>.

This event is free. Please mark your calendar, save the date, and plan on attending!



"The HDSA Centers of Excellence provide an elite multidisciplinary approach to Huntington's disease care and research. HDSA currently has 47 Centers of Excellence across the United States."

#### SHOOT FOR A CURE!

A Memorial Hoop-a-Thon will be held on Saturday, April 13, 2019 from 11am to 4pm at St. John's Lutheran, 3220 Columbus St., Grove City, Ohio, 43123.



Bouncy House, raffles, music, and food will be on hand.

Shooters take pledges to see how many free throws they can make in 5 minutes. Come and enjoy a time of fellowship while supporting this important event.

To volunteer talk to KATY SIMON at (614)589-2845 or email her at <a href="mailto:khammond912@gmail.com">khammond912@gmail.com</a>.

You can download a pledge sheet here.

And/or make pledges here!

Our goal is to raise \$20,000 at the Hoop-A-Thon so that we can continue to provide support group and healthcare services for HD families in the Central Ohio area and we need your help.

Thank you, in advance, for generously supporting this fundraiser with your contribution. You are providing help for today and hope for tomorrow and we cannot thank you enough!

#### **OFFICERS AND BOARD**

President:
Daphne Hess
dhess5556@yahoo.com

Treasurer: Jaclyn Hindel jmhindel1213@gmail,com

Administrative Assistant: Debbie loia daioia@columbus.gov or cenohiohdsa@gmail.com

Board Members:
Norman Baldwin
Norm C. Baldwin
Justin Ford
Steve Hammond
Devon Hatem
Marilyn Hixson
Lenae Hott
Tom Ioia
Dr. Sandra Kostyk
(Medical Advisor)
Melissa Ryant
Katy Simon
Wendy Vaughan
Roger Vaughan

WEB Site Manager: Hal Hixson 614-563-4460 halhixson@gmail.com

CENTRAL OHIO HDSA WEBSITE http://centralohio.hdsa.org/

HD Helpline 614-292-9960

# CENTRAL OHIO CHAPTER

HDSA Central Ohio Chapter P.O. Box 2213 Columbus, Ohio 43216

Email: cenohiohdsa@gmail.com

Phone: 614-636-2439 Website: http:// centralohio.hdsa.org/

# JOIN US FOR WALK FOR THE CURE!

**Date:** Saturday June 29<sup>th</sup>

Time: Check in 8:00am-9:00am, race starts at 9:00am

**Location:** Glacier Ridge Park (NEW LOCATION)

9801 Hyland-Croy Rd Plain City Ohio

(Use the main entrance.)



Contact: Paula Lintz Phone: 614-207-9708

Email: Paula Lintz@hsc.honda.com

To register and/or donate click here.





### 33rd Annual HDSA Convention

The convention will take place in Historic Boston, June 27-29, 2019, at the Marriott Boston Copley Place.

There will be three days of education, fun, family, and comradery!

To register for the convention, get scholarship information, book a room, look at airline information...visit the national website or click here.

## National Youth Alliance

"The NYA provides a wide variety of ways for the youth of HDSA to become motivated:

- By increasing the amount of local youth support groups nationwide we are able to ensure our members are getting the support they need locally
- Educating the youth at Education Days, Symposiums and Conferences locally as well as on the national level at NYA Day and Convention
- Advocacy training and proactive efforts from meetings with the Senate and Congress at home to Capitol Hill in Washington D.C.
- Fundraising for our NYA Convention Scholarship Fund
- Providing updates on NYA activities, initiatives, and fundraising efforts in the We Are the NYA newsletter
- Sharing the experiences and observations of young people from all walks of life affected by Huntington's disease through our website's Faces of NYA section."

http://nya.hdsa.org/

**NATIONAL HDSA** 

http://hdsa.org/



NATIONAL YOUTH ALLIANCE:

Melissa Ryant mryant@hdsanya.org

"Dedicated to making ours the last generation with Huntington's disease."



# MEMORIALS January 2017—February 2019

# In Memory of ...

#### **Robert Lee Allman**

Steven & Catherine Guess
Mossbarger & Smithson, CPA's
(Brenda Mossbarger)
William & Shirley Koniewich
Herron Financial Group (Debbie Miller)
Paul & Carol Minshall
Campbell Concrete Construction
(Terry & Brenda Campbell)

#### Valerie Brewer

Bringman & Company, Inc.
Mark & Jan Barnes
David & Shirley Gibson
Thomas & Dorothy Newell
Beverly Stockdale
Scot & Jennifer Hehr
Darrel & Mary Basinger
Richard & Peggy Kennedy

#### **Daleena Brown**

Norman Baldwin Mike & Joyce Johnson Roger & Wendy Vaughan

#### Maxine Kidwell

Chris & Dick Well
Crown Battery - Harold Hawk, Jr.
Andrew & Cynthia Shay
Mark & Janet Kidwell
Steve & Sylvia Sisko
Richard & Patty Shay
Bob & Bonnie Thompson
Joan Hogle
Brenda Eagon
William & M. Kathleen Lattig

#### **Elaine Meyer**

Frank & Lisa Brady Gary & Laurie Pecuch Thomas & Beth Fry Norm & Bonnie Baldwin Gary & Jamie Bostelman Frank & Lisa Brady Marietta Damman Brian & Michelle Drewes Jerry & Donna Drewes Ken & Arlene Freytag Eldor & Jane Gerken Scott & Lori Gerken Gwen Haller Jim & Joanie Harris Jim & Sally Hogrefe Ken & Barb Homemann Dave & Heidi Ahlman (Brian, Ben, Karrie & Ben) Jeremy & Taylor Sunderman Kristyn & Logan Honemann Cory & Kiana Honemann Tom & Ang LaVigne Dave & Betty Meyer Mark & Kathy Meyer Joe & Jane Mever Linda Meyer Loren & Jean Plassman Dan & Rachel Plassman Delbert & Evelyn Prigge Linda Rathge Ridgeville Legion Auxiliary (Sandra Meyer) Art & Connie Roehrig Dean & Tina Sandwisch Carol Sonnenberg Carlan & Carolyn Sonnenberg Norbert & Linda Sonnenberg Larry & Candy Spiess

Bob & Susanne Tilse
Bill & Charlotte Wachtman
Vernon & Lillian Wachtman
Norm & Katie Weimken
Honda Federal Credit Union
(Anna Office)

#### Sally Hess

Donald & Shirley Wynkoop
John Dalton
James & Betsy Burke
Carol Gregory
Scott Neal
Ann & TR Swearingen
Norm Baldwin
Wendy & Roger Vaughan, Jr.

#### **Geoff Hornbeck**

Norm Baldwin

#### Jeff Hindel

Joann & Chris Boetcher Fred & Kay Graham Athern Sheets Sons of American Legion

> Lawrence & Verna Meyer Russ Meyer Jim Meyer

Mike and Christie Meyer

# MEMORIALS AND HONOREES January 2017—February 2019

# In Memory of...

#### **Bonnie Baldwin**

Sylvia & Terry Leonard Daphne & David Hess Nancy J. Zuelzke Keith & Jane Stenerson Barry & Nancy Fisher Theodore & Catherine Greene Keith & Barbara Honemann Family (Heidi, Karrie, Jeremy & Cory) Kathleen & Mark Meyer James & Lee Anne Faber Craiq & Candace Franz Gary & Barbara Heiman Thomas & Rita Arend Kenneth & Arlene Freytag Michael & Christie Meyer Gary & Hallie VanAtta Nancy Witte Marietta Damman Douglas & Donna Erman Edward & Pamela Chase Tiffany & Nathan Meyer Brett & Michele Meyer Family Gary & Debra Smith Nancy & Thomas Monasmith, Sr. Ronald & Leslie Schifer George Njaim Family Greg Njaim Missy & Steve Callijas Dave & Alice Niaim Julie & Bill Buehler Carol Sonnenberg Norm Baldwin Patricia Meeker Jane Meese Marilyn Hixson Gary & Laurie Pecuch Margaret Pecuch Rosemary & Gail Turnbull

Loren & Jean Plassman Peter & Mary Marihugh Linda Fisher Dan Meyer Andrea Scott Jane & Joe Meyer Barb Wiechers / Carolyn Schlade Lila Wernecke Keith Sonnenberg Mr. & Mrs. George Brubaker Glen & Gail Wildman Mary Ann Smith Jenny Derringer David & Jane Helberg Dave & Sharon Hermiller Mark & Shirley McPherson Charles & Janeann Kellermyer Roger & Wendy Vaughan, Jr. Paul Baldwin Helene Meyer Robert & Karen Weber

#### John Karnemaat

The Ken Blanchard Foundation (Karla Oard)

# In Honor of...

#### Marilyn Schriber Denise Carque

#### Linda Knecht Simmerer Herbert & Jana Cassidy

### Wendy Vaughan

William & Katherine Levering

Linda Christie John & Janet Cleland

Bonnie & Norm Baldwin
Elaine Meyer
David & Betty Meyer
Mark & Kathy Meyer
Mike and Christie Meyer



# CONNECT TO THESE PROGRAMS It costs you nothing and you're helping HD!

Two ways you can donate to HDSA and it costs you nothing is through the "Kroger Community Rewards" and "Amazon-smile".

Kroger allocates money each year and gives it to charities as their customers designate. To make HDSA as your charity designation, go to <a href="https://www.kroger.com/communityrewards">https://www.kroger.com/communityrewards</a> and follow the prompts.



You MUST register after May the 1st, EVERY YEAR with the Kroger Community Rewards program. If you do not register each year, your designation will be





Amazon sets aside .5% of each sale for donation to charities. To designate HD as your charity go to <a href="https://smile.amazon.com/">https://smile.amazon.com/</a> and follow the prompts.

Other business places have similar programs, watch for them and name HDSA as your choice.