



Our Voice

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President's Message, by Sarah Morrison



As many of you may have seen, Huntington's Disease was featured recently on the NBC program **Dateline**. The program, which ran nationally, focused on a family affected by HD. After watching her mother-in-law suffer from HD, Mrs. Carr had taken care of her husband who also died from HD complications while raising the couple's three sons. By the time two of those sons reached about 40 years old, they were in advance stages of HD and were living in the same nursing home. Tired of watching her sons suffer from the same disease that took her husband, Mrs. Carr shot and killed both boys. Mrs. Carr is now serving a five-year prison sentence following a guilty plea to a charge of assisted suicide.

The program brought me to tears and left me with mixed emotions when it was over. First, I was saddened to see the ravaging affects HD had on the Carr family. HD is a horrible disease with no remission, no return once it strikes. The effect of HD on families can be devastating. However, as Jean Miller discusses in her letter to NBC, there are options and HD does not have to destroy families. Many of you know Jean Miller through her active participation in HDSA. Jean

agreed to let us include her letter to NBC in our newsletter on pages 6 and 7 of this issue.

I was also saddened to learn that Mrs. Carr, or anyone, would feel that she had no alternatives but to end her sons' lives. In addition to the many churches and social service organizations available to help both HD patients and caregivers, HDSA (both national and the local chapters) continues to strive to provide need support and assistance to HD patients and caregivers. Did Mrs. Carr not have any support systems? Did she not ask for help? Was she aware of her options?

"The more people we have helping with our cause, the lighter our loads will be."

Here in Central Ohio, we have a caring group of individuals available to help families afflicted with HD. Just by way of example, the Family Services Committee conducts in-service programs at area nursing homes to teach staff about caring for HD patients, provides outings for caregivers so that they have opportunities to relax, and it has started to provide equipment such as Broda chairs for HD patients. We are actively increasing our emphasis on family and patient services. If you or someone you know needs help, let us know. No one should feel alone, but we cannot help you if we do not know that you need help.



Special points of interest:

- Reactions Toward the Dateline Special
- New Upcoming Fund-raiser
- Support Group Changes
- Celebration of Hope Report
- Circleville Bowl-A-Thon
- Rx for Ohio
- HD Study Updates

Our Voice is the official publication of The Central Ohio Chapter, HDSA

490 City Park Avenue, Suite C
Columbus, Ohio 43215
Phone: 614.460.8800
Fax: 614.460.8801
Website:
www.hdsacentralohio.org

Our Voice, a newsletter of the Huntington's Disease Society of America, Central Ohio Chapter, is published three times annually, to provide information and to relay items of interest to individuals with HD and their families, health care professionals and interested friends and supporters.

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Family Service Coordinator

614-292-9960

Theresa Z. Hanson

&

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Central Ohio Chapter Meeting Time and Place

Our monthly meetings are held at 7:00 p.m. on the second Thursday of each month at:

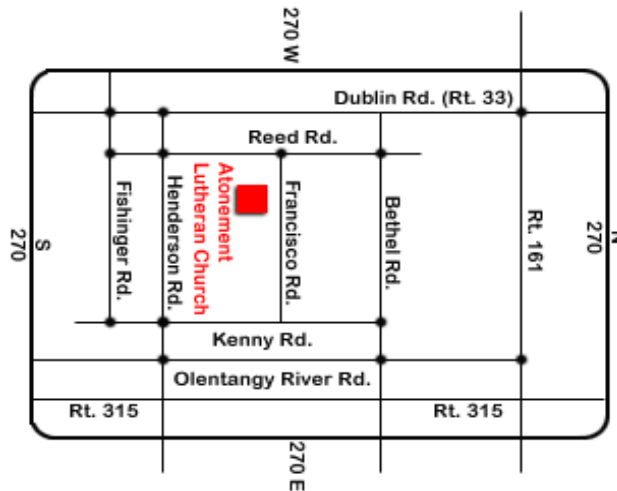
The Atonement Lutheran Church

1621 Francisco Road

Columbus, Ohio 43220

Francisco Road is just north of Henderson Road and runs east and west between Reed and Kenny Roads. There is a traffic light at the corner of Reed and Francisco Roads and the church is on the south side of the road, not too far from Reed Road.

Please join us at our next meeting. We first get together, discuss upcoming events and make announcements, then divide into 3 groups: caretakers, "at risk," and persons with HD. Each group has its own challenges and it is helpful to talk to others in the same situation. If we have a speaker scheduled, we stay together. There are two basic reasons to attend support meetings. One is to GET HELP. The second is to GIVE HELP. When you lose a loved one or they go into a nursing home, the usual feeling is that you want to distance yourself for a time. You really deserve some "time off" after care giving. But after awhile, please consider coming back--you can be a great help to people just starting on the road you have traveled. No teacher is as helpful as experience and the lessons you learn one by one can mean an easier time for new caretakers.



To all recipients of the newsletter: The Central Office asks those of you who are moving, or have moved, to let us know when there is an address change as it costs us 70 cents per newsletter when it comes back due to wrong address. Thanks!


President's Message continued...

I was also disappointed by the failure of the Dateline program to discuss the positive strides that are being made towards research and treatment. Let there be no doubt, we still have a long way to go, but it was only eleven years ago that predictive genetic testing became possible. Since that time, scientists have engaged in numerous studies to research all aspects of HD. That research continues, and I truly believe that there will be a cure for HD in my lifetime.

Finally, I was pleased that the Dateline program reached a broad audience that will now know about HD (even though it was time-slotted against OSU versus Kansas State in the Fiesta Bowl). I have also read


about HD in a recent edition of Oprah's **O Magazine** (the August 2003 issue) and in a novel by Steve Martini that included a character with juvenile HD (**The Jury** by Steve Martini, © 2001). Discussion of HD in the popular media can only help our cause. Increased awareness can bring new volunteers to our cause, to assist with family services and fundraisers. It can also lead to more private dollars donated and more government dollars earmarked for HD. The more people we have helping with our cause, the lighter our loads will be.

So let's start 2004, continuing to educate the public about HD and supporting each other in our fight against HD.



Dawn Martin's family decided to give a donation to HD instead of Christmas presents and \$75.00 has come into the chapter. What a good idea!

Thank you to Dawn and her generous family.



Celebration of Hope Dinner—Yet Another Success!

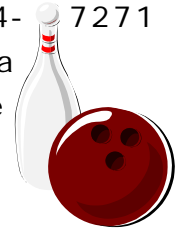
The Celebration of Hope Awards on September 25, 2003 was a *great* success. Our honorees Jim Smith, President/General Manager of the Columbus Crew, Wayne Harer, Executive Vice President of Continental Realty and John Karnemaat, former Special Agent for the FBI were very kind and generous of their time, talent and support to bring a greater awareness of Huntington's Disease to our community. Many, many seeds of Hope were planted as the event raised nearly \$75, 000 to support Dr.

Sandra Kostyk and her staff at the HDSA Center of Excellence for Patient Care and Family services at the Ohio State University Medical Center. A very special thanks goes to all of the HDSA chapter board members who worked with dedication to plan the event. A most sincere and deep appreciation goes to ALL of the many individual donors who donated money, time or resources to improve the lives of those suffering with HD. It is the strength and compassion of the many donations of which will ultimately

Let's Go Bowling for HD!!!

On March 14, 2004 Pickaway Lanes in Circleville is hosting a Bowl-A-Thon for HD. The bowling alley is located at 1410 North Court Street in Circleville. Bowling times will be 11:30 a.m., 1:30 p.m. and 3:30 p.m. Cost is

\$8 a person, which includes 3 games, shoes, pizza and soda. Call Tammy Weatherall at 1-(740)-474-7271 to schedule a time and to get a sponsor sheet. See you in the lanes!!



Teen Support Group

Our teen group would like to meet every 2 or 3 months at the Atonement Lutheran Church. If you have interest in attending, please contact our Social

Worker, Barb Heiman at (614) 292-9960, or check the web site at www.hdsacentralohio.org for future dates and information on this group.

Buy Groceries and Help HD

The grocery certificate program continues to be a viable fundraising program for the Columbus chapter. There is no cost to you, but our chapter benefits from your efforts because your participating local grocery store will donate 5% of your purchases made with certificates to HDSA. Remember, not only can these certificates be used for buying groceries, but for items such as stamps, prescriptions, dry cleaning, and flowers! The more purchased with HD certificates, the more our chapter can help those in need.

Our chapter currently offers **Kroger** and **Giant Eagle** certificates. Anyone who wishes to purchase certificates should send checks to Sheri Nash, noting which type of certificates you prefer. The gift certificates are returned to you, along with an envelope for your next order. Thank you for the continued support of this great fundraising opportunity!



Please send your checks to: Sheri Nash, **1936 Willoway Circle South**, Columbus, Ohio 43220. Phone: 614-457-8480.

Meijer allows members to participate without mailing checks to HDSA. Meijer asks each participant to register for a Meijer Guest card thru HDSA. Each family registers via our chapter or on the Meijer website so HDSA can receive the rebate on purchases. Depending upon the amount our supporting families spend, our chapter will receive a reward check monthly. If a family spends \$100-399 while using their card, HD will receive 1% in reward money. As a family spends \$400-799 or \$800 plus our reward will be 2.5% and 4%. As long as the registered reward card is presented, our chapter will be able to receive a reward. Please participate in this opportunity- it is a foolproof way to support your chapter.



Support Groups of Ohio

Toledo: meets every third Sunday from 2-4 p.m. in the fellowship hall at Our Savior Lutheran Church, 2820 W. Alexis Rd., Toledo, 43613. For more information, please call Robin VanGorder at 419-691-8940.

Dayton: meets at 7:30 p.m. on the second Wednesday of every month at Fairview Methodist Church (on the corner of Fairview & Cataba). For more information please call Cincinnati Chapter Social Worker, Mary Beth Bialic at 513-741-4372.

Cincinnati: caregiver group meets every third Saturday at 11 a.m. in the Drake Hospital. For the patient and At-Risk groups call Mary Beth Bialic at 513-741-4372.

Cleveland: meets every third Monday at 7:00 p.m. at the corporate offices of Realty One, 6000 Rockside Woods Blvd., Independence, Ohio (I-77 and Rockside Road). For more information, please contact Cece Cornell, Chapter Social Worker at 1-216-844-8572 or cscornell@ameritech.net, or chapter office at 1-440-423-HDSA (4372).

Mansfield: meets at 7:00 p.m. the first Monday of every month. Home of Charlotte Dourgherty, 671 Weller Ave, Mansfield OH 44904. Call Charlotte at 419-774-9761



Please note: the Mount Vernon and Chillicothe groups are no longer meeting at this time. Check *Our Voice* for updates.

“Managing Huntington’s Disease”

Over 50 people attended the Toledo Support Group sponsored workshop on Saturday, November 15, 2003. The full day program, designed for affected individuals, and family and professional caregivers was held at Our Savior Lutheran Church in Toledo, Ohio. The program, approved for Continuing Education credits for nurses and social workers, included presentations by three noted speakers on HD. Dr. Lawrence Elmer, M.D., Ph.D. from the Movement Disorders Center at the Medical College of Ohio gave a presentation on HD research, current therapy and promising treatments for the future. Northeast Ohio Chapter Social Worker, Cece Cornell, R.N., L.I.S.W., talked with the group about the basics of the disease and suggested many ways to help cope with HD’s effects. A delicious lasagna luncheon was followed by a lively presentation by Michigan Chapter Physical Therapist, Stuart Blatt.

We also held a successful silent auction of a few items to help defray the cost of the day.

My sincere thanks goes out to: Larry Elmer, CeCe Cornell, Stu Blatt, Kristen Schuchmann, Barb Heiman, Ginny Harris, Chris & Patty Beckman, Elaine, Sarah & Laura Vuyk, Doris Reinking, Ruth Harrison, Ruth Weiler, and Nancy Settles for their tireless help to make this such a meaningful event!

Robin VanGorder

January 4, 2004

Dear Dateline,

First, I would like to thank you for airing the subject segment. If nothing else, it brought awareness to this devastating disease. Along with many HD families, I looked forward to its airing since last August. We all knew that Dateline's primary objective was to cover the devastating tragedy of what happened to Carol Carr and her two sons with HD, Randy and Andy, in Georgia. Your show did an excellent portrayal of how this disease can destroy families. It accurately depicted the emotional and physical torment of what being a caregiver to someone with HD may do over many years. In watching Carol Carr, viewers could not help but feel her great pain and loss.

In my opinion whether what Carol Carr did was right or wrong did not appear to be the shows primary objective. Which made me wonder, what was your objective? I, for one, feel a need to apologize to my family and friends who I recommended watch this show. I mistakenly thought:

- Since a portion of this show was filmed at Terence Cardinal Cooke Health Care Center in NYC it would show how a facility skilled in the caring for people with HD could help alleviate some of the frustration Carol Carr had to experience over the care her sons received in the various facilities they lived in, in Georgia. Instead only periodic body-shots of people with HD were interjected into the show; except for showing chorea of HD I'm not quite sure what the purpose of including those accomplished?*
- Viewers would learn a little more about this devastating disease. How entire families lives are torn apart, both those with the disease and those caring for them. Generation after generation after generation.*
- At a minimum, it would touch on the desperate need for better support to our families. If there had been more support and programs in place to help families living with Huntington's Disease, perhaps this tragedy would have never happened in the first place.*
- It would, at least briefly, mention the need for more government funding to support research to help eradicate Huntington's and all neurological diseases.*

HD families need to be verbal. They need to become advocates for change; letting their state representatives know that they demand better health care, better support, better programs.

Instead, I watched your program and, for an hour, felt nothing but despair. In some small way, I was thankful my daughter Kelly was not alive to see this program. She bravely fought Juvenile Huntington's Disease for 15 years before losing her battle at age 30 in 1998. Kelly never once gave up hope, which gave those who loved and cared for her the courage to continue.

I thought of all the people watching who have Huntington's Disease and all those at-risk for this disease [especially our young people] and silently prayed this show would not make them think that their life was worthless. How the majority of them are so brave and courageous, caring and loving, precious human beings. I hoped they would remember that not everyone who gets this disease will have the same symptoms nor will the progression of the disease be the same. How I was hoping that NBC would have summarized by telling them that there ARE people out there who care about them, and that their dreams, feelings and dignity still matter, very much.

I thought of all the caregivers who have been thrown into a role where they must become a legal expert, insurance whiz and physician combined in fighting to get their loved one on disability plans they are entitled to, the work/insurance benefits they've earned, the rehabilitative therapies they need/will need, the at-home help needed to maintain quality care or the best nursing home care, the respite they will need....and the list goes on and on. How the majority of them struggle day after day, year after year, without the financial or emotional support they so direly need. Yes, NBC Dateline did demonstrate some of this struggle however I hoped you would summarize by telling your viewers that what Carol Carr felt like she, personally, had to do was by far NOT the only choice they had.

HD families need to be verbal. They need to become advocates for change; letting their state representatives know that they demand better health care, better support, better programs. Let everyone within hearing distance know that anyone living with a "terminal" illness has as much RIGHT to care and support as those without one. That we're sick and tired of the discrimination we face because of the nature of this disease or the fact our loved one is too young to benefit from the few government/state programs that are available. That we must have Social Security guidelines written for people with Huntington's Disease, that the insurance we pay for should provide us with the same level of care, therapies, etc. anyone else would get...bottom line, that we need HELP not despair!

The diagnosis of a terminal illness such as Huntington's disease strikes terror into all of us. Our minds jump ahead and initially everything merges into one terrifying vision. For awhile, time seems to stand still; the emotions and fear can be overbearing for the entire family. Everyone who lives with Huntington's disease goes through a long period of grief over the losses HD brings to our lives. The only way to survive is not only to become the most knowledgeable about the disease but through the support of others who are walking, or have walked, this path. This support can come in the form of sharing, comforting, understanding as well as having empathy and compassion.

When families learn about Huntington's disease our priorities change and life and death takes on a new meaning. We begin to think, and survive, by living WITH Huntington's disease rather than dying from it. The majority of us live life with hope for we know hope lies in the meaning of life, not in life events.

Therefore it is my hope that NBC Dateline will do a follow up story to the Carol Carr tragedy. One which will educate your viewers that this disease varies from person to person and show that the majority of families courageously continue to support and care for their loved ones. Talk to the families who have not only cared for a spouse, but their children and grandchildren as well. Show what their real day-to-day struggles are. Talk to those with Huntington's Disease, get a better understanding what it is like for them as they go through the progression of this disease. Talk to the young children and adults who are at-risk, many who help care for a parent with HD. Show what being at-risk means to their lives, hopes and dreams. Interview the many physician's who truly understand Huntington's Disease and go out of their way to care for their HD patients and their families.

Perhaps, then, your viewers would truly understand what living with Huntington's Disease is really like and support the need for change so tragedies like Carol Carr's don't happen again.

*With warmest regards
Jean E. Miller, HD For Families
<http://clix.to/HuntingtonsDisease>*

Rx For Ohio: What is it?

Patient assistance programs have been offered for years by pharmaceutical companies, but Rx For Ohio is a single-source state-based program that links patients with both industry and government programs that offer free or reduced-priced medicines. It is sponsored by America's pharmaceutical companies.

Callers and visitors answer five short questions to establish their eligibility. That opens the door to 325 government and pharmaceutical industry programs where qualified patients can determine if their prescription is available free of charge or at discounted prices.

Even though Rx For Ohio connects Ohioans to free and discount prescription drug programs, it is no substitute for genuine reform. Federal and state legislators continue to work on more global solutions, such as a Medicare prescription benefit, that give people access to the

medicines they need.

The word is out about Rx For Ohio. You've probably seen Rx For Ohio television spots airing across the state, some featuring Ohio Health's Dr. Marcus Topinka, that promote the importance of the program to patient health.

Ohio legislators distributed Rx For Ohio materials at county fairs and festivals this summer, and Rx For Ohio partners also are getting the word out to their clients. Direct mail has been sent to hundreds of thousands of Ohioans, and nearly a million Rx. For Ohio brochures are being distributed at clinics, churches, senior centers and other community facilities.

Ohio is learning about the benefits of Rx For Ohio and hundreds of thousands of patients are getting the medicines they need.



Rx For Ohio Partners

Rx For Ohio is more than a website and a telephone number – it offers access to prescription drug programs and links people to these Ohio organizations that are working hard every day to help improve the lives of patients and their families.

They have become partners in Rx For Ohio because they know it connects the people they care most about with the medicines they need, often free of charge or below market prices. Visitors to Rx For Ohio can contact these organizations for more information:



Rx for Ohio Organizations

Abbott/Ross Laboratories	Lutheran Social Services of Central Ohio
Alzheimer's Association, Dayton Chapter	Mental Health Advocacy Coalition – Cuyahoga
American Cancer Society – Ohio Division Inc.	Mental Health Association of Franklin County
American Heart Association – Central Ohio Affiliation	National Alliance for the Mentally III – Ohio
American Liver Foundation, Ohio Chapter	National Kidney Foundation
American Lung Association of Ohio CareNet, Toledo	Neighborhood Health Clinics
Center for Health Affairs	Ohio Academy of Family Physicians
Central Ohio Breathing Association	Ohio AIDS Coalition
Columbus AIDS Task Force	Ohio Health Advocacy Network
Community Health Charities of Ohio Department of Job and Family Services Crohn's & Colitis Foundation of America, South Chapter	Ohio Hematology Oncology Society
Epilepsy Center, Toledo	Ohio Osteopathic Association
Epilepsy Foundation of Central Ohio	Ohio Psychological Association
Epilepsy Foundation of Greater Cincinnati	Ohio Sickle Cell Disease and Health Association
Epilepsy Foundation of Greater Cleveland	Ohio State Grange
Leukemia and Lymphoma Society, Northern Ohio	Ohio State Medical Association
Leukemia and Lymphoma Society, Southern Ohio	Pharmaceutical Research and Manufacturers of America
Lupus Foundation of America, Northwest Ohio	Prevent Blindness Ohio
	Procter & Gamble
	United Cerebral Palsy of Central Ohio

Our website, www.hdsacentralohio.org has been "under construction." Our website address will not be changing and it will back up and running soon!



STUDY UPDATES

Care HD

The CARE-HD trial recently ended. Its purpose was to examine whether coenzyme Q10 and remacemide could slow down the progression of HD, and unfortunately the results weren't as good as everyone had hoped for. After 18 months, patients taking remacemide had a little less chorea, and the patients on coenzyme Q10 seemed to show a little less progression. However, the results were not statistically significant, and more studies will be needed to make sure it was a real effect. As remacemide did not help significantly, the HSG will not be working with it anymore.

UHDRS Database

One of HSG's major undertakings is to develop a database to track the progression of HD in a large number of patients. It uses the UHDRS – Unified Huntington Disease Rating Scale – a series of tests to evaluate HD symptoms. If your neurologist has ever asked you to look this way, do this, and stick out your tongue, you'll know all about the UHDRS.

The database will be important, says Dr. Suchowersk, because by knowing how HD symptoms normally progress in lots of patients, researchers will be able to judge how well new medications work.

Coming soon! A new & updated brochure for the Central Ohio Chapter of HDSA. Anyone needing brochures or other information, please contact the office at 614.480.8800

MINO-HD

A small MINO-HD trial is currently underway to test minocycline, which may slow down the progression of Huntington's symptoms. It is one of the antibiotics that dermatologists use to treat acne, and because it's been used on teenagers for a number of years, we know that it is reasonably safe.

However, minocycline can cause problems with dizziness and imbalance, so HSG is testing it on a small number of patients to see whether it has any side effects or any benefits before moving to a larger study.



PREDICT-HD

HSG is currently looking for volunteers who have the HD gene for PREDICT-HD, a large study that involves a lot of detailed clinical observations, MRI tests and neuropsychological testing. The purpose is to find out what the first symptoms of HD are, which will be very important when drugs are found to slow down the progression of the disease. Dr. Suchowersky encouraged anyone who is interested to participate in this trial.



TETRA-HD

In the United States, IISG has just launched clinical trials of tetrabenazine, a drug that decreases chorea. It has been used in Canada for 20 years, but not the US.

ON THE HORIZON

There's a lot of very exciting research being done in labs around the world, and IISG is working closely with these basic scientists. As soon as something looks promising in mice or fruit flies. HSG will develop a human trial to see whether that substance works and whether it's safe in humans. That's when people with HD and people at risk can play an important role, by volunteering for clinical trials to see whether new therapies are effective or not.

PHAROS

PHAROS (Prospective Huntington At Risk Observational Study) is a big trial currently underway which looks at people who are at risk for HD and do not know or want to know whether they carry the HD gene. The purpose is to find out what the first symptoms are and to improve doctors ability to detect these symptoms. Dr. Suchowersky reported that enrollment in PHAROS has just closed, and she thanked everyone who is participating in it.

Would you like more information on these studies? Call 292-9960 for more information.

Kick Up Your Heels!!



On Saturday, April 3, 2004, we will be hosting a dance and silent auction in hopes of raising a record breaking amount of money for Huntington's Disease. The dance is being held at the Ramada Inn off of I-71 and Sinclair Road. The dance will begin at 8pm and go until midnight. Our MC for the evening will be Joe Boxer of 92.3 WCOL and there will be a DJ. Two cash bars and finger foods will be avail-

able in the ballroom. The tickets are \$25 per person in advance or \$35 at the door. We have already collected some wonderful and exciting auction items that everyone is sure to enjoy. Please tell your friends and come join us for a night of fun and a great way to support HD. If you have any questions regarding this event you can contact Laura Bamberger at (614)332-5519 or e-mail at ChaChaGirl10@aol.com or Maureen Nash at (614)734-1776 or e-mail at Maureen-Nash1666@aol.com. Thank you and we hope to see you there!

A Poem, by Gayle Kingsbury

Dear God,

*Please forgive me for what I've done
 forgive me for what I haven't done
 forgive me for forgetting what I need to do
 but thank you for letting me talk to you*

Dear God,

*My children are angry again
 I worry the anger will never end
 I trip on the dog and fall on the cat
 I forget about this and obsess about that*

Dear God,

*It seems I do everything wrong
 I move to a beat when there is no song
 I embarrass my family by walking too slow
 I stop for no reason when they tell me to go*

Dear God,

*There's a reason that things are this way
 And I'm willing to wait to hear what you say
 But in the meantime I ask you to hear
 Each voice that cries out and catch each tear*

Dear God,

*I thank you, for the way that I am
 I'll try not to question your thoughts or your plan
 Help others to see and allow me to be
 Different, yet special, in spite of HD*

By Gayle Kingsbury 2003



MEMORIALS

JENNINGS MOLLOHAN

“Sarah Morrison’s grandfather”

Chester Willcox & Saxbe LLP
Bethel United Methodist Church of Reedsville, Ohio

Michael and Brenda Carsey

Sarah Morrison

Jane Helen Linscott

Dianna McCormick

Jack and Theresa Fought

Bill and Athlen Fought

Paul and Virgie Buckley

Johnny, Marcy, Randy Baker

Michael and Bobbi Morris

Betty and Lantie Friend

May Frost

Barbara Sue Smith

Patricia and Danny Hall

Bob and Evelyn Ball

Larry, Jan, Jeff Creamer

JOEL MUELLER

Rita Olman

Leonard and Helen Steffan

Dexter and Marilyn McMaster

WILMER MEYER

“Bonnie Baldwin’s brother”

Norm and Bonnie Baldwin

Kenneth and Barbara Honemann

Lauren and Doris Honemann

D. and Carol Sonnenberg

VELMA DOUGLAS

“Sarah Morrison’s granny”

Robert and Judy Green

Michael and Bobbie Morris

Nancy Friend and Kelly Paxton

HONOREES

Jane Daggett

Dianna R. McCormick

Would you like to send a donation in memory or in honor of someone close to your heart?

If so, please send your donation to HDSA, Central Ohio Chapter, with an attached note or letter including the name of the person to be remembered. Send your information to 490 City Park Avenue, Suite C, Columbus, Ohio 43215.

**HDSA Central Ohio Chapter
490 City Park Avenue, Suite C
Columbus, OH 43215
Address Service Requested**

Non-Profit Organization

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FRIENDS: The 2004 Membership Drive is now on. Please note and use the membership form included below. Receipts from Membership help pay for education about HD. Educating the public and training people working in nursing homes is one of our most important functions. Our people in nursing homes deserve the best care possible. Support the work of the Central Ohio Chapter; **send your membership donation today.**

Please tear out and return.

Name _____

Address _____

Phone number _____

Please direct this donation of \$_____ to: Care _____% Research _____%

- Please take me off the mailing list. I do not wish to receive upcoming newsletters
- I would like to help by volunteering.

PLEASE RETURN THIS FORM WITH YOUR CONTRIBUTION TO:

**HDSA, CENTRAL OHIO CHAPTER,
490 CITY PARK, SUITE C, COLUMBUS, OHIO 43215**